

The Sensuous Power of Water - for a sensation of total wellbeing

Many advantages come with having been built close to the water. Wellness à la Karnerhof has its foundation primarily in our hotel's exclusive SPA facility, and is enhanced yet further by our specialisation as a SeenWellness® establishment, as well as by the Faaker See itself, the warmest swimming lake in all of Carinthia.

For almost 80 years now, the Hotel Karnerhof has stood in one of the most privileged locations in all of southern Carinthia: right on the shore of the Faaker See, with its own private beach and views out over the shimmering turquoise waters from every single room. The lake is actually almost 30 metres deep at this point, a precious biological habitat for the likes of whitefish and trout, and simultaneously the warmest swimming lake in Carinthia. In the midst of this unspoiled natural setting, your senses regenerate and a feeling of utter ease spreads through your whole being. In the oscillations of the water, mankind finds an echo of himself.

Within the spacious exclusivity of the Karnerhof's SPA facility, too, everything revolves around this fluid element. In the form of the refreshing showers that pour from the "Cask Shower", for example, or at the Ice Fountain as a means to cool down after stepping out of the Sanarium-herbal sauna, the Finnish Aquaviva sauna or the "Hot Sauna". Or even as a caressing steam in the Turkish bath beneath a star-like ceiling, or in the form of cool, satiny lake water in the boathouse after enjoying the Lake Sauna.

In the world of massages, packs and beauty treatments, the "Seraglio" is definitely the last word – or perhaps more accurately, a languorous sigh. According to ancient oriental traditions, the paste of healing mud used during treatment, opens the pores and detoxifies the skin. Guests also discover total relaxation and renewed energy during those weightless full-body packs enjoyed on a Thermo-Spa floating bed, or on the warm, magnetised quartz sand of the "Energy Island". It is here that musical sounds, matched to the rhythms of the human heart, gradually sink the pulse rate, stimulate the metabolism and enhance vitality. The fresh spring water from the fountain, or perhaps a break at the tea bar, stirs up harmony from within. Who would have thought that good health could also be so sensuous?

SeenWellness®. Between Mountain & Lake. Heartfelt hospitality, exclusive SPA facility and culinary declarations of love from our internationally acclaimed kitchens.

WaterEmotion – enjoyment with every fibre of your being! 3 days of stylish relaxation, natural Kneipp therapy in the Faaker See, 1 treatment on a Thermo-Spa floating bed, 1 manicure, 1 aqua-facial massage,

1 Energy Island, 1 styling consultation, 1 glass of champagne, recharge your batteries with a personal holiday coach.

3 days of spa & aquatic delights from 7.9.-2.11.2008 incl. HB, from € 406 per person.

Info: Wellness- & Genießerhotel Karnerhof*S***

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Characters (no spaces), excl. address block and sample pricing: 2,379